

LESSON PLANS FOR PART 1

Career Paths: Exploring Career Interest Groups

Part 1 contains the Career Interest Assessment. It helps students identify career interest areas suited to their personal characteristics and interests. This tool can be totally self-administered, self-scored, and self-interpreted by the students. The assessment covers work activities, personal qualities, leisure activities, and school subjects. After completing the assessment, students will identify and learn about their top three career interest areas and the subgroups within them.

Lesson 1

Section titles and page numbers:

- ♦ Career Paths: Exploring Career Interest Groups (page 1)

Lesson objective:

- ♦ To introduce students to the idea that selecting careers should involve their personal interests

Career development goal:

- ♦ Describe personal likes and dislikes.

Activity

Read the introduction to this section. Discuss the importance of enjoying one's career. How can your students know that the careers they choose will be satisfying to them?

Lesson 2

Section titles and page numbers:

- ♦ Take a Career Interest Assessment (pages 2–18)

Lesson objective:

- ♦ To introduce students to the Career Interest Assessment—its purpose and how to take it

Career development goal:

- ♦ Describe personal likes and dislikes.

Activities

Read the section “Take the Career Interest Assessment.” Emphasize that the assessment is not a test. A student cannot give a wrong answer. Help your students understand that the assessment is a tool to help them learn about themselves and identify their interests.

Students also should understand that their first impulse in answering a question is probably the most accurate. Point out that students need not be concerned about similar statements in different groups or how they responded the first time.

You will need to decide how many pages of the assessment your students may do at one time. The assessment may be divided and taken over a period of time or fully completed at one sitting. The results will not be affected either way. When you believe your students understand how to mark the assessment, allow them to begin working.

Lesson 3

Section titles and page numbers:

- ♦ Calculate Your Assessment Results (page 19)

Lesson objective:

- ♦ To aid students in scoring and interpreting the results of their assessments

Career development goals:

- ♦ Describe personal likes and dislikes.
- ♦ Identify a number of occupational groups for exploration.
- ♦ Describe the interrelationships between family, occupational, and leisure decisions.

Activities

Students may independently follow the step-by-step directions to score their assessments. If you believe your students need help following the directions, you may want to guide them through the process.

Additional Activities

1. Conduct a class survey to compare assessment results. Tabulate the number of students who selected each group as their first, second, and third choices. You might want to keep a record of this survey for your own research to compare with the choices future classes make. Discuss how the different choices illustrate that career interests are linked to personal interests.
2. Students are sometimes surprised by what they find out from the assessment results. You may want to give them an opportunity to discuss how they feel about their findings.