

Lesson 3:

Chores at Home and Responsibilities at School

Objectives in Lesson 3:

Students will:

- identify their responsibilities at home and school.
- identify what other family members do at home.
- identify the role of workers at school.
- describe the importance of completing an expected task and what happens when someone can't or won't do an expected job.
- select a school responsibility that they do well and one which needs improvement. develop a plan to improve one of their responsibilities.

Word List:

- job duty
- responsibility
- expectation

Suggested websites for additional learning and materials. Many of these sites have fun activities students can do online. These are also included on the Parent's Corner letter:

<http://www.essortment.com/in/Children.Parenting.Discipline/index.htm> -many articles on teaching responsibility.

<http://www.kidshealthworks.com> - articles of importance of chores to boost self-esteem.

<http://www.organized-mom.com> - many articles for the family to get organized.

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Parent's Corner

Your child is participating in activities to help learn about careers and work.

This lesson is called Chores at Home and Responsibilities at School. Some of the objectives for this lesson are for the students to:

- identify their responsibilities at home and school.
- identify what other family members do at home.
- identify the role of workers at school.
- describe the importance of completing an expected task and what happens when someone can't or won't do an expected job.
- select a school responsibility that they do well and one which needs improvement. Develop a plan to improve one of their responsibilities.

There are supporting activities you can do at home. Below are some of them.

Activity: Your student will be working on a plan to be more responsible with school work. If you feel your student may already be an extremely responsible student, it is OK for him/her to pick another behavior for which to develop a plan to improve. Students are learning to break down situations into manageable steps.

Activity: If your child does not already have chores at home, this may be a good time to implement them. Having responsibility helps raise individuals who are self-confident. Work on helping your child do their chores on their own without nagging from you. Some parents send their children to college without having ended the nagging routine. It's not an easy process, but patience helps a lot!

Activity: Continue to point out the different jobs you see when you go to the grocery store, doctor's office, or other businesses. We will be working on this with the school workers.

Important: Always try to make family activities fun for all!

Here are some websites that may be helpful:

<http://www.essortment.com/in/Children.Parenting.Discipline/index.htm> -many articles on teaching responsibility.

<http://www.kidshealthworks.com> - articles of importance of chores to boost self-esteem.

<http://www.organized-mom.com> - many articles for the family to get organized.

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Objective:

Students will identify the chores that are completed at home and who is responsible for them. Students will describe what happens when someone doesn't do their job within the household.

Materials:

Worksheet (3-3)

Format:

Individual

Comments:

Verbal responses during this activity should be voluntary.

Discussion:

We've identified that chores to maintain a household is a type of work.

A family works as a group the same way employees work in a business, school or hospital. A family works as a group to get a job done and the family members are the employees of the family.

First we're going to identify the different chores that are performed in a household. You will receive a list of jobs performed in a household. There are more that aren't on this list and there may be some on this list that are not performed by family members. One example of this might be mowing the lawn. Some families pay a gardener to mow the lawn while other families may live in an apartment complex where the grounds are maintained.

Review the list and check off who does what chore in your family. Put a "P" if it is a Parent, an "S" if it is a brother or sister, and a big "ME" if it is your responsibility. If it is a job that is rotated or shared, put down all the letters that do that job.

This will take a five minutes.

After the handout is finished:

Ask a volunteer to name one chore for which he/she is responsible. Perhaps it is emptying the dishwasher:

If you don't empty the dishwasher, what happens?

- Do family members have to take clean dishes out when they need them?
- Do dirty dishes pile up at the sink because there are clean dishes in dishwasher?
- Does someone else empty it? Who?

Have the students give more examples. Do not require any student to provide an answer.

Discuss the impact on the other members of the family when one family member does not do their expected obligations.

Review the list and check off who does what chore in your family. Put a "P" if it is a Parent, an "S" if it is a brother or sister, and a big "ME" if it is your responsibility. If it is a job that is rotated or shared, put down all the letters that do that job.

ME - I do this chore
P - A Parent does this chore
S - A sibling does this chore

Make my bed

Dust

Clean bathroom

Cook dinner

Set dinner table

Dishes

Make lunch

Vacuum

Wash floors

Feed and clean up after pets

Pay bills

Mow lawn

Weed garden

Grocery shop

Wash windows

Clean pool

Clean garage

Wash car

Clean rain gutters

Clean oven

Empty dishwasher

Lesson 3: Chores at Home and Responsibilities at School

Objective:

Students will identify their school responsibilities.

Materials:

Chalkboard
Worksheets (3-6 & 3-7)

Format:

Class discussion first and then individual work.

Parents are asked to participate by offering guidance on the selected responsibility the student chooses to work on.

Discussion:

In addition to responsibilities at home, you all have responsibilities at school. These will change as you get older.

What are your responsibilities to school?

Write responses on chalkboard (here are some examples):

- Doing assignments on time
- Reading assigned material
- Reading for recreation
- Preparing for tests
- Getting help or tutoring when needed
- Asking questions
- Participating in class discussions
- Cleaning up after myself
- Doing my homework
- Doing my best work
- Arriving to school on time
- Having good attendance at school
- Communicating school information with my parents
- Keep my work clean and neat
- Treating my classmates with respect
- Playing nicely on the playground
- Following playground rules
- Return library books on time

Discuss the need for a game plan. Give students the opportunity to discuss with you and their parents ways in which they can work on their selected responsibility on which they are working. Example: Having trouble getting to school on time:

- Leave earlier to get to school
- Get up earlier
- Know the night before what to wear
- Have lunch ready the night before
- Have bookbag, lunch, etc., ready to go and same place every night
- Go to bed earlier so it is easier to get up earlier

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How to develop a plan:

One way to successfully change bad habits without it feeling overwhelming is to break the plan into steps. The example with getting to school on time has five steps which will increase the likelihood that a student will be ready to leave for school on time.

Pick one of the responsibilities and discuss steps that can help a student achieve success with it.

The handout asks each student to pick a responsibility he/she feels is being done well and to pick one which needs improvement. Students will return to this question once a week for four weeks to review progress. It's also recommended that parents sign off and write any comments regarding child's progress or alterations to the plan. It is a good way to have some positive reinforcement from the teacher and parent.